HOW CAN WE STOP BULLYING?

- WE ALL HAVE TO DO OUR SHARE TO PREVENT IT
- RESPECT DIFFERENCES, DIVERSITY, AND PEOPLE IN GENERAL
- IF YOU WITNESS ANY FORM OF BULLYING, INTIMIDATION OR HARASSMENT, DO SOME-THING, STOP, THINK AND ACT BY SEEKING OUT THE ASSISTANCE OF AN ADULT
- SUPPORT THE VICTIM BY ENCOURAGING THEM TO SPEAK TO A SCHOOL OFFICIAL
- TEACH BY EXAMPLE, TREAT OTHERS WITH RESPECT
- IF IT'S MEAN, INTERVENE!!! BE AN "UPSTANDER"
 STAND UP FOR YOUR FRIENDS INSTEAD OF
 BEING A BYSTANDER. DON'T JOIN IN WITH THE
 BULLY

Where can I go if I or someone I know is being bullied?

Principal, Assistant Principal, School Counselor, Teacher, Parents, Lunch Aide, Bus Driver, Security Guard

School	Name	Extension
Gregory School 973-669-5397	Sarah McIntosh	21601
Hazel School 973-669-5448	Leila Tirado Smith	22601
Mt. Pleasant School 973-669-5480	Lisa Struncis	23600
Pleasantdale School 973-669-5452	Florence Chirichiello	24601
Redwood School 973-669-5457	Christine Kavanaugh	25601
St. Cloud School 973-669-5393	Tara Donatiello	26601
Washington School 973-669-5385	Rene Wells	27601
Edison MS 973-669-5360	Jeff Lafoon	28602
Liberty MS 973-243-2007	Stephanie Nesbitt	29601
	Lauren Volpe	29603
Roosevelt MS 973-669-5373	Michelle Ellingham	30602
West Orange HS 973-669-5301	Amadeo Chirichiello	31552
	Keshia Golding-Cooper	31557

HARASSMENT, INTIMIDATION AND BULLYING (HIB)

STUDENT'S RESOURCE



If It's Mean
Intervene
West Orange Public Schools

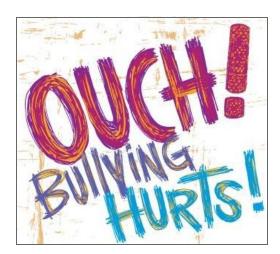
Mrs. Cheryl Butler District Anti-Bullying Coordinator 973-669-5400, Ext. 31611 cbutler@woboe.org



If It's Mean
Intervene

WHAT ARE THE DIFFERENT TYPES OF BULLYING?

- Physical abuse (pushing, shoving, knuckling, kicking, beating)
- Verbal / emotional abuse (teasing, taunting, insulting, threatening, using sarcasm and derision)
- Relational abuse (gossip, rumors, slander and social exclusion)
- Cyber-abuse (through e-mail or instant messaging)
- Criminal abuse (extortion, theft, blackmail, harassment, terroristic threats, assault, bias crimes, dating violence, and sexual assault)





WHERE DOES BULLYING OCCUR?

- Where adults are less likely to be aware of it
- More frequently in school than outside, but usually where children gather
- Less supervised areas such as hallways, bathrooms, cafeteria, locker rooms, busses and bus stops
- At less structured activities such as sports and social events
- Over the internet, on social networks, and texting